## Healih Care in Canada Survey

## POLLARA

## Health Care in Canada: $10^{\text {th }}$ Annual Edition Survey Results Part I

## Summary Slide

Quality of Health Care In Canada ..... 11
Personal Values (Public Only) ..... 31
Health and the Environment ..... 47
Access to Health Care and Health Care Professionals ..... 61
Chronic Conditions (Public Only) ..... 98

## Health Care in Canada 2007 Partners

- Association of Canadian Academic Healthcare Organizations
- Canadian Healthcare Association
- Canadian Home Care Association
- Canadian Medical Association
- Canadian Nurses Association
- Health Charities Coalition of Canada
- Merck Frosst Canada Ltd.
- University of Montreal - Groupe de recherche en gestion thérapeutique
- Rogers Media
- POLLARA


## Methodology

Survey results are based on telephone interviews with nationally representative samples of the Canadian public, doctors, nurses, pharmacists and health administrators.

Fielding of the questionnaire was conducted between October $3^{\text {rd }}$ and November $\mathbf{8}^{\text {th }}$, 2007.

| Groups | Sample Size | Margin of Error |
| :--- | :---: | :---: |
| Canadian Public | 1,223 | $\pm 2.8 \%$ |
| Doctors | 202 | $\pm 6.9 \%$ |
| Pharmacists | 202 | $\pm 6.9 \%$ |
| Nurses | 201 | $\pm 6.9 \%$ |
| Managers | 201 | $\pm 6.9 \%$ |

Questionnaires were developed by POLLARA working in close consultation with the HCIC partners.

## Most Important Issue Facing Canada - Tracking



## Most Important Health Issue Facing Canada Today

- Over the past 10 years, Canadians have changed their perspective on the key health issues facing the country. While lack of funding/government cut backs was deemed most important in 1998, in 2007 the Canadian public believes that wait times (20\%) and the shortage of doctors (19\%) are the most important health issues;
- Health care providers similarly consider wait times and the doctor shortage to be the most critical issues, however, hospital managers/administrators also see availability/accessibility (20\%) as a key issue and both managers/administrators (17\%) and nurses (16\%) feel a lack of health care providers in general is an important issue facing our health care system.


## Most Important Health Care Issue Facing Canada Today: Tracking



## Most Important Health Issue Facing Canada Today, by Provider Group



## Most Important Health Issue Facing Canada Today, by Gender



## Most Important Health Issue Facing Canada Today, by Age (Top 3)



Q3. What is the most important health care issue facing Canada today? (OPEN ENDED)

## Most Important Health Issue Facing Canada Today by Region (Top 3)



Q3. What is the most important health care issue facing Canada today? (OPEN ENDED)

## Quality of Health Care In Canada

## Quality of Health Care in Canada

- Just over half (57\%) of all Canadians feel that we are receiving quality health care services. This has not changed significantly since 2002;
- Health care providers have a more positive view than the general population: About two thirds of the nurses (66\%), and about three quarters of the doctors (72\%) and pharmacists (76\%) and over nine-in-ten (91\%) of the managers/administrators believe Canadians are receiving quality health care;
- More French-speaking doctors (80\%) than English-speaking doctors (69\%) believe that Canadians are receiving quality health care. French-speaking nurses (83\%) and managers/administrators (89\%) are similarly more positive about the state of health care delivery than English-speaking nurses (61\%) and managersl administrators (72\%);
- Men (61\%) are more likely than women (54\%) to believe that we are receiving quality health care;
- Canadians with the poorest self-rated health status (47\%) are less likely than those with the greatest self-rated health status (60\%) to feel that there is quality health care in this country.


## Perceptions of the Quality of Health Care in Canada, by Gender and Age



## Perceptions of the Quality of Health Care in Canada, by Region



## Perceptions of the Quality of Health Care in Canada, by Income



## Perceptions of the Quality of Health Care in Canada, by Health Status



## Perceptions of the Quality of Health Care in Canada: Tracking



## Perceptions of the Quality of Health Care in Canada, by Provider Group: Tracking



## Future of Health Care in Canada Over the Next Five Years

- Almost half (48\%) of Canadians believe that access to timely, quality health care will either improve significantly (7\%) or somewhat (41\%) over the next five years. This is the highest level since the question first appeared in 2002;
- Canadians living in Quebec (43\%) are less likely to believe that access will improve compared with Canadians living elsewhere (50\%). Atlantic Canadians were the most positive at 55\%;
- Among health care providers, managers/administrators (69\%) are most convinced that access to timely, quality health care will improve followed by pharmacists (46\%), doctors (37\%) and nurses (33\%).


## Future of Health Care Over the Next Five Years, by Gender and Age



## Future of Health Care Over the Next Five Years: Tracking



## Future of Health Care Over the Next Five Years, by Region



## Future of Health Care Over the Next Five Years, by Income

Total Improve


## Future of Health Care Over the Next Five Years, by Health Status and Chronic IIness



## Future of Health Care Over the Next Five Years, by Provider Group



## Approach Required for Canada's Health Care System

- Canadians' views on the approach required for our health care system is similar to their views on this matter in 1998. Just over one third (34\%) of the Canadian public feel that the health system merely needs some minor tuning up. However, $68 \%$ feel that the system needs either some fairly major repairs (41\%) or a complete rebuilding from the ground up (17\%);
- Canadians in Quebec (32\%) are more likely than Canadians living elsewhere (12\%) to believe the system needs a complete rebuilding from the ground up;
- More women (63\%) than men (52\%) feel that the Canadian health care system needs at least some fairly major repairs;
- Among health care providers, nurses (69\%) are most likely to prescribe at least some fairly major repairs followed by managers/administrators (66\%), doctors (62\%) and pharmacists (52\%);
- Health care providers in Quebec are significantly more likely to feel that the health care system needs a complete rebuilding from the ground up than health care providers in other provinces.


## Approach Required for Canada's Health Care System: Tracking



## Approach Required for Canada's Health Care System, by Gender and Age



Q5. What approach would you say that Canada's health system requires at present - a complete rebuilding from the ground up, some fairly major repairs or some minor tuning up, or is everything fine the way it is? (ALTERNATE ORDER)

## Approach Required for Canada's Health Care System, by Income, Health Status and Chronic I Iness

Total Major Repairs/ Complete Rebuilding


[^0] ground up, some fairly major repairs or some minor tuning up, or is everything fine the way it is? (ALTERNATE ORDER)

## Approach Required for Canada's Health Care System, by Provider Group: Tracking

Total Major Repairs/
Complete Rebuilding


Q5. What approach would you say that Canada's health system requires at present - a complete rebuilding from the ground up, some fairly major repairs or some minor tuning up, or is everything fine the way it is? (ALTERNATE ORDER)

## Personal Values (Public Only)

## Personal Values

- Over nine-in-ten (93\%) Canadians agree that it is the responsibility of every Canadian to take care of their own health through prevention of illnesses and injuries, and by leading a healthy lifestyle;
- More than eight-in-ten (88\%) of Canadians agree that it is the responsibility of every Canadian to work in partnership with healthcare providers and participate in managing their health care;
- Canadians in Quebec (77\%) are less likely to agree that it is an individual's responsibility to work in partnership with healthcare providers and participate in managing their care compared with Canadians living in other provinces (91\%).


## Personal Values (cont’d)

- Almost two-thirds (64\%) of the public agree that Canadians who exercise regularly, have a healthy diet, do not smoke, etc, should be rewarded in some way;
- Agreement that Canadians should be rewarded for leading a healthy lifestyle is inversely related to self-reported health status. Just over half (56\%) of Canadians who describe their health status as poor or fair agree compared with 61\% of those who rate their health status as good and 67\% of Canadians who rate their health status as excellent;
- Just over three-quarters (76\%) of Canadians agree that government investments in health care result in a healthy, productive society;
- Canadians in Quebec (64\%) are less likely than Canadians in other provinces ( $80 \%$ ) to believe there is a link between government investments in health care and the health and productivity of society.


## Personal Values and Responsibility



## Personal Health and Disease Prevention, by Gender and Age



Q6. For each of the following statements, please indicate to what extent you agree or disagree with the following statements? Do you strongly agree, somewhat agree, somewhat disagree or strongly disagree? (ROTATE) It is the responsibility of every Canadian to take care of their own health through prevention of illnesses and injuries, and by leading a healthy lifestyle.

## Personal Health and Disease Prevention, by Health Status



Q6. For each of the following statements, please indicate to what extent you agree or disagree with the following statements? Do you strongly agree, somewhat agree, somewhat disagree or strongly disagree? (ROTATE) It is the responsibility of every Canadian to take care of their own health through prevention of illnesses and injuries, and by leading a healthy lifestyle.

## Personal Health and Disease Prevention, by Region



Q6. For each of the following statements, please indicate to what extent you agree or disagree with the following statements? Do you strongly agree, somewhat agree, somewhat disagree or strongly disagree? (ROTATE) It is the responsibility of every Canadian to take care of their own health through prevention of illnesses and injuries, and by leading a healthy lifestyle.

## Healthcare Partnership Between Canadians and Health Care Providers, by Gender and Age



## Healthcare Partnership Between Canadians and Health Care Providers, by Health Status



Q7. For each of the following statements, please indicate to what extent you agree or disagree with the following statements? Do you strongly agree, somewhat agree, somewhat disagree or strongly disagree? (ROTATE) It is the responsibility of every Canadian to work in partnership with healthcare providers and participate in managing their health care.

## Healthcare Partnership Between Canadians and Health Care Providers, by Region



## Rewards for Healthy Living, by Gender and Age



Q8. For each of the following statements, please indicate to what extent you agree or disagree with the following statements? Do you strongly agree, somewhat agree, somewhat disagree or strongly disagree? (ROTATE) Canadians who exercise regularly, have a healthy diet, do not smoke, etc, should be rewarded in some way (for POLLARA example, tax incentives).

## Rewards for Healthy Living, by Health Status



Q8. For each of the following statements, please indicate to what extent you agree or disagree with the following statements? Do you strongly agree, somewhat agree, somewhat disagree or strongly disagree? (ROTATE) Canadians who exercise regularly, have a healthy diet, do not smoke, etc, should be rewarded in some way (for POLLARA example, tax incentives).

## Rewards for Healthy Living, by Region



Q8. For each of the following statements, please indicate to what extent you agree or disagree with the following statements? Do you strongly agree, somewhat agree, somewhat disagree or strongly disagree? (ROTATE) Canadians who exercise regularly, have a healthy diet, do not smoke, etc, should be rewarded in some way (for POLLARA example, tax incentives).

## Government Investments in Health Care Result in a Productive Society, by Gender and Age



## Government Investments in Health Care Result in a Productive Society, by Health Status



## Government Investments in Health Care Result in a Productive Society, by Region



Health and the Environment

## Health and the Environment

- Canadians see air and water pollution as the greatest threats to their future health;
- Canadians with a poor or fair self-reported health status (76\%) are most likely to see the health threat from water pollution as becoming more severe compared with those who rate their health as either good (66\%) or excellent (63\%);
- Residents of Quebec are more likely than residents of other provinces to believe that the health impact of increased greenhouse gases (69\% and 59\%, respectively) and recalled manufactured products (47\% and 39\%, respectively) will become more severe over the next few years;
- The most common ways Canadians try to do their part to improve the environment include: recycling household waste (87\%), using reusable bags and storage containers (79\%), reducing the use of air conditioning and heating (73\%), buying more energy efficient appliances (71\%), driving smaller/more fuel efficient vehicles (56\%), composting organic matter (44\%) and using public transport (43\%).


## Health and the Environment (cont'd)

- Water pollution is a greater concern to pharmacists (70\%) and nurses (75\%) compared with doctors (58\%) and managers/ administrators (57\%);
- Managers/administrators are less likely than the other health care provider groups to believe that the health impact from contaminated food or counterfeit medication is likely to become more severe over the next few years;
- Pharmacists in rural areas are less likely than those in urban areas to believe the health impact from the various sources mentioned will become more severe;
- Nurses living in Quebec are more likely to believe that the health effects from most of the sources mentioned is going to become more severe compared with nurses in other provinces.


## Health and the Environment (cont’d)

- Pharmacists in Quebec are more likely to believe that the health effects from water pollution (77\%), using up natural resources (70\%), increased greenhouse gases (77\%), counterfeit medication (64\%) and recalled manufactured products (47\%) are going to become more severe than pharmacists in other regions (68\%, 63\% 66\%, 44\% and 37\%, respectively);
- Pharmacists in Quebec are less likely to believe that the health effects from contaminated food (32\%) and urban growth (62\%) will become more severe compared with pharmacists in other provinces (42\% and 70\%, respectively);
- Doctors in Quebec are more likely to believe that the health effects from water pollution (63\%), and recalled manufactured products (46\%) are going to become more severe than doctors in other regions (56\% and 38\%, respectively);
- Doctors in Quebec are less likely to believe that the health effects from air pollution (63\%) will become more severe compared with doctors in other provinces (71\%).


## Canadian Public's Views on the Future Negative Health I mpact From Specific Sources



## Future Negative Health I mpact From Water Pollution, by Provider Group



## Future Negative Health Impact From Air Pollution, by Provider Group



## Future Negative Health I mpact From Contaminated Food, by Provider Group



## Future Negative Health I mpact From Depletion of Natural Resources, by Provider Group



## Future Negative Health I mpact From Urban Growth, by Provider Group



## Future Negative Health Impact From Greenhouse Gases, by Provider Group



## Future Negative Health I mpact From Counterfeit Medication, by Provider Group



## Future Negative Health I mpact From Recalled Manufactured Products, by Provider Group



## Canadians' Efforts to Improve the Environment*



## Access to Health Care and Health Care Professionals

## Access to Health Care and Health Care Professionals

- Canadians are most likely to believe that access to family doctors has worsened (49\%) and least likely to believe that access to new medications (13\%) has worsened in the past two years;
- Canadians are most likely to believe that access to new medications (25\%) has improved and least likely to believe that access to non-urgent surgery (11\%) has gotten better over the past two years;
- Atlantic Canadians are most likely to believe that access to new medications has remained the same (40\%) or worsened (17\%) compared with Canadians in other regions;
- Canadians living in urban areas (50\%) are not significantly more likely than those living in rural areas (47\%) to believe that access to family doctors has worsened;
- There is also no significant difference between the proportion of Canadians living in urban areas (47\%) and those living in rural areas (44\%) who believe that access to specialists has worsened;


## Access to Health Care and Health Care Professionals (cont'd)

- Canadian doctors (15\%) are least likely to feel that access to new medications has improved compared with the other provider groups. Eight-in-ten (80\%) doctors believe that access to new medications has either remained the same (52\%) or gotten worse (28\%) in the past two years.
- Managers/administrators (27\%) are more likely to believe that access to the health system in general has improved, compared with either doctors (13\%), nurses (11\%) or pharmacists (8\%);
- Managers/administrators (49\%) are significantly less likely to feel that access to specialists has worsened over the past two years than nurses (72\%), pharmacists (65\%) and doctors (64\%);
- Doctors are less likely (16\%) than pharmacists (24\%), nurses (27\%) and managers/administrators (26\%) to believe that access to home care has improved.


## Access to Health Care and Health Care Professionals

 (cont'd)- Managers/administrators (20\%) are more likely than doctors (11\%), pharmacists (12\%) and nurses (12\%) to believe that access to long term care has improved;
- Nurses (62\%) are more likely than the other provider groups (54\% - doctors and pharmacists, 52\% - managers/administrators) to believe that access to non-urgent surgery has worsened;
- Managers/administrators (46\%) are significantly more likely than doctors (18\%), pharmacists (11\%) or nurses (19\%) to feel that access to diagnostic procedures has improved over the past two years;
- More nurses in rural areas feel that access to specialists (76\%), access to long-term care (71\%) and access to diagnostic procedures (54\%) has worsened over the past two years compared to nurses in urban areas (68\%, $63 \%$ and $48 \%$ respectively);
- More nurses in Quebec believe that access to new medicines (29\%), home care (45\%) and diagnostic procedures (24\%) has improved compared to nurses in other provinces (16\%, 22\% and 17\%, respectively).


## Access to Health Care Over the Past 2 Years



Q12. For each of the following, please indicate whether timely access over the past 2 years has improved, worsened or remained the same.

## Access to Health Care System Over the Past 2 Years, by Provider Group



## Access to Family Doctors Over the Past Two Years, by Provider Group



Q7. For each of the following, please indicate whether timely access over the past 2 years has improved, worsened or remained the same. Family doctors.

## Access to Specialists Over the Past Two Years, by Provider Group



Q7. For each of the following, please indicate whether timely access over the past 2 years has improved, worsened or remained the same. Specialists.

## Access to New Medicines Over the Past Two Years, by Provider Group



Q7. For each of the following, please indicate whether timely access over the past 2 years has improved, worsened or remained the same. New medicines.

## Access to Home Care Over Past the Two Years, by Provider Group



## Access to Long Term Care Over the Past Two Years, by Provider Group



Q7. For each of the following, please indicate whether timely access over the past 2 years has improved, worsened or remained the same. Long term care.

## Access to Non-Urgent Surgery Over the Past Two Years, by Provider Group



Q7. For each of the following, please indicate whether timely access over the past 2 years has improved, worsened or remained the same. Non-urgent surgery.

## Access to Diagnostic Procedures Over the Past Two Years, by Provider Group



## Access to Health Care System Over the Past Two Years, by Region



## Access to Family Doctors Over the Past Two Years, by Region



## Access to Specialists Over the Past Two Years, by Region



## Access to New Medicines Over the Past Two Years, by Region



## Access to Home Care Over the Past Two Years, by Region



## Access to Long Term Care Over the Past Two Years, by Region



## Access to Non-Urgent Surgery Over the Past Two Years, by Region



## Access to Diagnostic Procedures Over the Past Two Years by Region



## Policies to Increase Access to Health Care and Health Care Professionals

- More Canadians with a chronic illness (25\%) strongly support the notion that patients should have to register with one family doctor or primary health care provider than Canadians without a chronic illness (19\%);
- More women (27\%) than men (15\%) strongly support implementing a policy where patients have to register with one primary health care provider;
- More women (44\%) than men (32\%) also strongly support requiring health professionals to work in teams;
- Canadians in Quebec (45\%) show greater support for making it easier for foreign trained doctors to practice in Canada than Canadians living elsewhere (38\%);
- Women (42\%) and Canadians living in rural areas (45\%) show greater support for recruiting health professionals back from the U.S. than men (36\%) and Canadians living in urban areas (38\%);
- More women (60\%) than men (51\%) also strongly support increasing medical and nursing school enrolment levels.


## Policies to Increase Access to Health Care and Health Care Professionals (cont'd)

- More nurses (32\%) express strong support for requiring patients to register with one family doctor or primary health care provider than either managers/administrators (21\%), doctors (18\%) or pharmacists (19\%);
- Doctors (23\%) are significantly less likely to strongly support requiring health care providers to work in teams than managers/ administrators (65\%), nurses (61\%) or pharmacists (51\%);
- Similarly, Doctors (5\%) are significantly less likely to strongly support requiring health professionals to work in specific geographic areas than managers/administrators (12\%), nurses (17\%) or pharmacists (15\%);
- Nurses (31\%) are most likely to strongly support making it easier for foreign trained doctors to practice in Canada while doctors (18\%) are least likely to support this policy;
- Nurses are more likely than the other provider groups to strongly support both recruiting health professionals back from the U.S. (44\%) and increasing medical and nursing school enrolment levels (73\%).


## Policies to Increase Access to Health Care and Health Care Professionals (cont'd)

- Fewer nurses in rural areas (27\%) strongly support making it easier for foreign trained doctors to practice in Canada and than those in urban areas (35\%);
- In contrast, more nurses in rural areas (50\%) strongly support recruiting health professionals back from the U.S. compared to nurses in urban areas (39\%);
- Nurses in Quebec (24\%) are less likely to strongly support recruiting health professionals back from the U.S. and increasing enrolment levels in medical and nursing schools (63\%) compared to nurses in other provinces (51\% and 76\%, respectively).


## Policies to Increase Access to Health Care and Health Care Professionals (cont'd)

- Pharmacists in Quebec (9\%) are less likely to strongly support requiring patients to register with one family doctor or health care provider compared to pharmacists in other regions (22\%);
- More doctors in Quebec strongly support requiring patients to register with one primary health provider (27\%), health professionals to work in teams (31\%), making it easier for foreign trained doctors to practice in Canada (23\%), recruiting health professionals back from the U.S. (37\%) and increasing medical and nursing school enrolment levels (58\%) compared with doctors in other provinces (15\%, 20\%, 17\%, 25\% and 50\%, respectively).


## Public Support for Various Initiatives to I mprove Access to Health Care and Health Professionals

 you rate your support or opposition for: (READ AND ROTATE)

## Support for Patient Registration with a Family Doctor or Other Primary Health Care Provider, by Provider Group



## Support for Requiring Health Professionals to Work in Teams, by Provider Group



[^1]
## Support for Requiring Health Professionals to Work in Specific Geographic Areas, by Provider Group



Q8. And to what extent would you support or oppose each of the following policies to increase access to health professionals? Using a 10-point scale where 1 means strongly oppose and 10 means strongly support, how do you rate your support or opposition for: (READ AND ROTATE)

## Support for Making it Easier for Foreign Trained Doctors to Practice in Canada, by Provider Group



Q8. And to what extent would you support or oppose each of the following policies to increase access to health professionals? Using a 10-point scale where 1 means strongly oppose and 10 means strongly support, how do you rate your support or opposition for: (READ AND ROTATE)

## Support for Recruiting Health Professionals Back from the U.S., by Provider Group



Q8. And to what extent would you support or oppose each of the following policies to increase access to health professionals? Using a 10-point scale where 1 means strongly oppose and 10 means strongly support, how do you rate your support or opposition for: (READ AND ROTATE)

## Support for Increasing Medical and Nursing School Enrolment Levels, by Provider Group



Q8. And to what extent would you support or oppose each of the following policies to increase access to health professionals? Using a 10-point scale where 1 means strongly oppose and 10 means strongly support, how do you rate your support or opposition for: (READ AND ROTATE) Increase medical and nursing school enrolment levels

## Support for Patient Registration with a Family Doctor or Other Primary Health Care Provider: Tracking, by Public and Provider Group



## Support for Requiring Health Professionals to Work in Teams: Tracking, by Provider Group



## Support for Requiring Health Professionals to Work in Specific Geographic Areas: Tracking, by Provider Group



## Support for Making it Easier for Foreign Trained Doctors to Practice in Canada: Tracking, by Provider Group



## Support for Increasing Enrolment Levels in Medical and Nursing Schools: Tracking, by Provider Group

Total Support


## Chronic Conditions (Public Only) * New to 2007*

## Chronic Conditions

- More than one half (57\%) of Canadians rate their health as either very good (39\%) or excellent (18\%);
- Slightly fewer Canadians in Quebec (51\%) rate their health as very good or excellent compared with Canadians in other regions (58\%);
- Over one-third (37\%) of Canadians have been diagnosed with a chronic illness;
- Canadians in rural communities (41\%) are slightly more likely to have a chronic illness diagnosis than Canadians in urban areas (36\%);
- Canadians in Quebec (32\%) are slightly less likely to have a chronic illness diagnosis compared with Canadians living elsewhere (39\%);
- Among Canadians with a chronic illness, 15\% work with a health care team while another $10 \%$ work with both a family doctor and a health care team to manage their condition;
- Canadians with a chronic illness who rate their health as poor or fair (22\%) are more likely to be working with a health care team than those who rate their health as either good (10\%) or excellent (14\%).


## Chronic Conditions (cont'd)

- Over eight-in-ten (88\%) Canadians with a chronic illness feel that they have access to the information they need in order to manage their condition;
- Women (91\%) are slightly more likely than men (85\%) to feel that they have access to adequate information;
- Over eight-in-ten (85\%) Canadians also feel that they have adequate support from health professionals to help them manage their condition;
- Canadians with a chronic illness who rate their health as poor or fair (75\%) are less likely than Canadians who rate their health as good, very good or excellent (89\%) to feel that they have adequate support from health professionals.


## Self-reported Health Status of Canadians



## Self-reported Health Status, by Gender and Age



## Self-reported Health Status, by Income



## Self-reported Health Status, by Region



## Chronic Health Condition, by Gender and Age



## Chronic Health Condition, by Income



## Chronic Health Condition, by Region



## Work With Health Care Team, by Gender and Age



## Work With Health Care Team, by Income



## Work With Health Care Team, by Region



## Adequate Access to Information to Manage Condition, by Gender and Age



## Adequate Access to Information to Manage Condition, by Income



## Adequate Access to Information to Manage Condition, by Region



## Have Adequate Support From Health Care Professionals to Manage Condition, by Gender and Age



## Have Adequate Support From Health Care Professionals to Manage Condition, by Income



## Have Adequate Support From Health Care Professionals to Manage Condition, by Region



## Adherence to Prescription Medications Among Canadians with a Chronic IIIness

- Over eight-in-ten (87\%) Canadians with a chronic illness take at least one regularly prescribed medication;
- More women (91\%) than men (83\%) are on at least one prescription medication for their condition;
- On average, Canadians with a chronic illness are on 3.8 prescription medications;
- Only 3\% admit taking their medication more frequently than prescribed;
- Sixteen percent (16\%) admit taking their medication less frequently than prescribed. Women (20\%) and those living in rural areas (23\%) are more likely to do so, compared to men (12\%) and those in urban areas (14\%);
- Just 2\% of Canadians admit taking a higher dosage of their medication than prescribed while 9\% say they take a lower dosage of their medication than prescribed. English-speaking Canadians (9\%) are slightly more likely than French-speaking Canadians (5\%) to do so.


## Take Any Prescription Medications, by Gender and Age



## Take Any Prescription Medications, by Income



## Take Any Prescription Medications, by Region



## Number of Prescription Medications Being Taken, by Gender and Age



## Number of Prescription Medications Being Taken, by Income



## Number of Prescription Medications Being Taken, by Region



## Medication Adherence - Taking Medication More Frequently Than Prescribed, by Gender and Age



## Reasons for Taking Medication More Frequently Than Prescribed



## Medication Adherence - Taking Medication Less Frequently Than Prescribed, by Gender and Age



## Reasons for Taking Medication Less Frequently Than Prescribed



## Medication Adherence - Taking A Higher Dose of Medication Than Prescribed, by Gender and Age



## Reasons for Taking A Higher Dose of Medication Than Prescribed



## Medication Adherence - Taking A Lower Dose of Medication Than Prescribed, by Gender and Age



## Reasons for Taking A Lower Dose of Medication Than Prescribed



## Erica Berman

## Senior Research Consultant

 POLLARA101 Yorkville Avenue, Suite 301<br>Toronto, Canada M5R 1C1

Tel: 416.921.0090 / Fax: 416.921.3903
www.pollara.com


[^0]:    Q5. What approach would you say that Canada's health system requires at present - a complete rebuilding from the

[^1]:    Q8. And to what extent would you support or oppose each of the following policies to increase access to health professionals? Using a 10-point scale where 1 means strongly oppose and 10 means strongly support, how do you rate your support or opposition for: (READ AND ROTATE)

